



# Backpack Brigade Accepted Foods

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Thank you for donating to Backpack Brigade! We strive to provide a variety of meal items that are safe, nutritious, easy to prepare and, of course, yummy. We do not distribute foods that pose common allergy hazards or are likely to perish quickly. Here's a list of our most-desired food items:

| Ready-to-Eat                    | Microwavable               | Stovetop             | Drinks                     |
|---------------------------------|----------------------------|----------------------|----------------------------|
| Beef sticks                     | Beefaroni (pop top)        | Beans (1 lb. bags)   | Juice (8 oz.)              |
| Cereal (individual cups/boxes)  | Chicken Noodle (pop top)   | Chicken soup (cans)  | Mike (8 oz., shelf stable) |
| Fruit cups                      | Cup O'Noodle               | Mac'n'cheese (boxes) |                            |
| Fruit snacks                    | Mac'n'cheese (instant cup) | Rice (1 lb. bags)    |                            |
| Granola bars                    | Oatmeal (instant)          | Spaghetti (boxes)    |                            |
| Peanut butter cups (individual) | Tomato soup (pop top)      | Spaghetti sauce      |                            |
| Raisins (lunch-box sized boxes) | Top Ramen                  |                      |                            |
| Ritz crackers (sleeves)         | Tuna salad (pre-made kits) |                      |                            |
| Saltine crackers                |                            |                      |                            |
| Trail mix (individual bags)     |                            |                      |                            |

Drop-off location is our warehouse at 831 Seattle Blvd. South, Seattle, WA 98134.

Contact Nichelle Hilton with any questions, (206) 495-8983 or [nichell@backpackbrigade.org](mailto:nichell@backpackbrigade.org).

Whether you are making an individual food donation or leading a food drive, we really appreciate your help.